

## Assembly 2009 – Fear

### What are your deepest fears?

Story of some of my fears – eg dentist and going to hospital..

### Fear of going on planes?

I went on flight back from US once and in our 6 hour flight, 4 ½ hours had turbulence. That was scary, but not as scary as this..

### Video Clip – plane crashing into the Hudson River

#### Interviews

*The plane shook a bit and immediately, you could smell smoke or fire. All of a sudden, the captain came on and said, 'Brace for impact' and that's when we knew we were going down, into the water. And we just hit and somehow the plane, you know, stayed afloat and we were all able to get on the raft and - it's just incredible right now that everybody's still alive." - Alberto Panero*

*"There was a lot of silence.. People started praying. It was hard to take in."*

*"There was a big bang. I prayed and prayed and prayed. Believe me, I prayed. I knew we were going to crash. The question was: how close to the buildings were we going to be. Honestly. I thought we were all going to die.*

*David Paterson, the Governor of New York, praised "the heroic pilot who saved himself and 154 others. We have had a miracle on 34th Street. I believe now we have had a miracle on the Hudson," Mr Paterson said.*

**SAY** – We watched a video clip last year about a school where the students were helped to succeed by an amazing teacher. This clip is about what happened next. The students fundraised for Miep Gies, the woman who hid Anne Frank from the Nazis to come and visit them. Here's what happened..

### Video Clip Anne Frank clip - Chapter 12 - 'Heroes'. 1:21:41 - 1:25:22 (graffiti of 'Miep Gies' on wall - scene cutting from school)

#### Bible

Not everyone likes change. There was a time when an old leader had died and a younger guy was taking over the leadership. He had a massive task – to lead a whole nation into a new land in which there were enemies and many hard

things. But God told this new leader, called Joshua not to fear, but to be strong and courageous, because God was with him. He did this and was successful. Sometimes, we have big things to face in life. But whatever we focus on is what will grow. If we focus on the problem, we magnify it. If we focus on facing up, getting through, step by step.. it's easier to confront and more powerful.

### **OUR DEEPEST FEAR – Marianne Williamson, from 'A Return To Love'**

Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness, that most frightens us.  
We ask ourselves, Who am I to be brilliant,  
gorgeous, handsome, talented and fabulous?

Actually, who are you not to be?  
You are a child of God.

Your playing small does not serve the world.  
There is nothing enlightened about shrinking  
so that other people won't feel insecure around you.  
We are all meant to shine, as children do.

We were born to make manifest the glory of God within us.  
It is not just in some; it is in everyone.

And, as we let our own light shine, we consciously give  
other people permission to do the same.  
As we are liberated from our fear,  
our presence automatically liberates others.

**EXPLAIN** – Coach Carter has locked the gym until the students get their grades up. He has also helped the save the life of a student after a drugs related shooting death.

**Video – Coach Carter clip. Clip is chapter 19 on DVD. 1:41:13 start time. This can run to the end of the poem below, as Coach Carter leaves the gym (1:43:14), or carry on to the end of the clip (Richmond winning the game), 1:46:03. Clip duration - 4mins 50secs.**

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