

Assembly – Choices 2 – myfishbites.com

An assembly from ICE. Originally for Primary / Junior Schools, but adapted. Thanks to the ICE Team. This would likely work with younger years in high school only.

Resources

- Laptop / projector / speakers / leads (extension lead, power lead, video cables)
- Strictly Come Dancing Powerpoint show (see below for link)

Introduction

Today we are looking at choices.

Strictly Come Dancing etc...

Who has ever seen, 'Big Brother' or 'I'm a Celebrity, Get Me Out of Here' or 'Strictly Come Dancing?'

Loads of people like to watch them. What's the point of these programmes? Well, people have to live in a house or an island or do something, or dance. Each week, the public has the choice of voting someone off the show. Eventually the public who vote will choose a winner. It's all about choice.

Strictly Come Dancing winners, 2015 to 2018

Four pairs of winners for people to identify.

[Click here to download the PowerPoint](#)

Game

First up, we need some volunteers for a game..

Note: Be Very Aware of any food allergies of volunteers. Ask before allowing them to play

Get a volunteer up and they can feel inside 3 boxes and they have to choose one of the things to eat, before they see it. Make sure the volunteer is blindfolded. If you prepare (say) 9 boxes, you can get up 3 volunteers and then do the game 3 times. For boxes, you can make your own or go to a supermarket and pick up some small boxes.

Line them with some kitchen roll to keep clean.

In all this - keep thinking of staying healthy and of food hygiene!!

Some suggestions of things to be in the boxes:

- Cut up banana
- Sprouts
- Peas
- Broken Digestive biscuits
- Cut up small pieces of apple
- Sultanas
- Small tomatoes
- Raisins
- Cut up chocolate

(Be aware of possible school policies on 'healthy eating')

Point of the Game

The point of that game is just to demonstrate that we have choices to make. Some of the choices will be nice choices like choosing the biscuits or chocolate. Sometimes we get choices that aren't very nice, like choosing the sprouts, which isn't always a very nice choice to make!

Reflection

This is a time for you to think about some of the things that you can make choices about. One of the best choices I ever made was to accept that God was real and ask him to be real in my life. Maybe you want to think about that. Or maybe you want to think about the choices you make - choices whether to get drunk, to have sex. Maybe as well as thinking about your choices, you need to consider the consequences of your choices too. Make good choices in your life. Choose chocolate and not sprouts!!