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Aim:

To teach that we should read the Bible every day. We eat physical food and that makes us physically strong; similarly we should feed on the Bible as our spiritual food. Without it, we will be spiritually weak.

Parts:

- Doctor
- Man 1
- Woman 1
- Man 2
- Group 1
- Group 2

*Scene 1: Doctor is standing around in a white lab coat with a stethoscope round his neck and just reading a piece of paper.*

**[Knocking sound]**

Doctor [Enthusiastically] Come in! Come in!  
Good morning!  
How can I help you!

**[Man 1 and Woman 1 enter from stage left]**

Man 1: [Weakly] I feel terribly weak doctor.  
Woman 1 He really is dreadfully weak doctor  
Doctor: Weak? What do you mean by weak?  
Man 1: Well, I'd like to be strong. I'd like to be able to do heavy work. I'd just like to be strong like other people. A lot of my friends are so very strong. But not me. I'm just so weak.  
Woman 1 Yes, doctor, I just don't know why he's not strong. Like me for example.  
Doctor: Hmm. [Furrows his brow thinking, rubs his chin]  
How long have you been feeling like this?  
Man 1: [Lethargically] Dunno really. I've never felt strong. I've always felt weak. Don't know what it is.  
Doctor: [Enthusiastically] OK, well, let's have a look at you and we'll see what's up shall we.  
Man 1 OK doctor  
Doctor Could you please put your tongue out  
[Man 1 puts tongue out and doctor looks into mouth]  
Say "ah" please  
Man 1 Aaaahhhhh  
Doctor Hmmm, that looks OK.  
I'm just going to look in your eyes now. Just relax.  
[Doctor faces Man 1, places his finger gently beneath eyes to pull lightly on lower eyelid and points small torch-like object into each eye].  
Well, that looks OK too.  
You feel weak you say?  
Man 1 Yes, I just don't have any energy for anything. Everything's such a big effort. I just feel terribly lethargic.  
Doctor Hmmm.  
OK, I'm going to listen to your chest now.  
[Doctor puts stethoscope and/or hands on left side of chest]  
Could you cough please  
Man 1 Cough! Cough!  
Doctor [Doctor moves his stethoscope to another point of the chest]  
And again please  
Cough! Cough!  
Hmmm [Doctor seems to be thinking]  
Woman 1 Is everything OK doctor?  
Doctor Yes, everything seems fine. You seem to be in good health. I don't see any reason at the moment why you're weak.  
OK, would you mind taking off your top please.  
Man 1 [Does the motion of taking off a top over his head]  
Doctor [Shocked] Good grief man, you're emaciated! You're all skin and bones!  
I've never seen anybody so thin! No wonder you're so weak.  
Man 1 Do you think that could be the cause doctor?  
Doctor Of course it's the cause.  
When was the last time you ate?  
Man 1 Easter

Doctor [Exasperated] Easter?! But it's mid-May now. Easter was weeks ago!  
 Woman 1 Yes, I think it was Easter. You always eat at Easter don't you dear.  
 Doctor And when was the time *before* that when you last ate?  
 Man 1 Ooo, the time before that, now let me see...[pausing to think]...Christmas I think.  
 Woman 1 Yes, Christmas, that was it.  
 Doctor Christmas?! That's months ago!  
 Woman 1 Yes, it was definitely Christmas, you don't eat normally do you dear, but you do like to eat at Christmas don't you?  
 Man 1 Yes, I always like to eat at Christmas, everybody eats at Christmas don't they?  
 Woman 1 Yes, he always likes to eat at Christmas and Easter  
 Doctor Well, sir, I think I know the reason why you're feeling so weak.  
 [Pause]  
 It's because you're not eating regularly enough.  
 You need to eat *every* day.  
 Man 1 And you think that will help doctor.  
 Doctor Yes, definitely.  
 If you eat every day, you'll become healthy and strong!  
 Man 1 Every day?!  
 Doctor Yes, *every* day! You need to be eating every day. There's no magic to being strong, just eating every day.  
 Man 1 Well, thank you doctor  
 Woman 1 Yes, thank you doctor  
**[Man and woman exit stage left]**

*Scene 2: Doctor is standing in office alone*

**[Knocking sound]**

Doctor [Enthusiastically] Come in! Come in!  
 Good morning!  
 How can I help you!

**[Man 2 enters from stage left]**

Man 2: [Weakly] I feel terribly weak doctor.  
 Doctor: Weak? What do you mean by weak?  
 Man 2: Well, I'd like to be strong. I'd like to be able to do heavy work. I'd just like to be strong like other peopl. A lot of my friends are so very strong. But not me. I'm just so weak.  
 Doctor: Hmm. [Furrows his brow thinking, rubs his chin]  
 How long have you been feeling like this?  
 Man 2: [Lethargically] Dunno really. I've never felt strong. I've always felt weak. Don't know what it is.  
 Doctor Hmmm.  
 When was the last time you ate?  
 Man 2: Er, ... this morning.  
 Doctor Ah, that's a relief.  
 I just had a man here who only eats at Christmas and Easter.  
 Isn't that amazing?  
 Man 2 Yes, that's incredible  
 Doctor And when was the time before that when you ate?  
 Man 2 Uhm... last Sunday I think  
 Doctor Last Sunday?! But it's Sunday today! So you haven't eaten for a week  
 Man 2 Er...yes that's right  
 Doctor And when do you normally eat then?  
 Man 2 Well, only on a Sunday doctor.

Doctor Well, sir, I think I know the reason why you're feeling so weak.  
 [Pause] It's because you're not eating regularly enough.  
 You need to eat *every* day.

Man 1 And you think that will help doctor.

Doctor Yes, definitely.  
 If you eat every day, you'll become healthy and strong!

Man 1 Every day?!

Doctor Yes, *every* day! You need to be eating every day. There's no magic to being strong, just eating every day.

Man 1 Well, thank you doctor

**[Both exit stage left]**

### *Scene 3: Chorus*

[Two groups enter stage right and face directly the audience]

Group 1 Do you feel you're a weak Christian?  
 Feed on God's word; read it every day.

Group 2 Matthew 4:4 Human beings cannot live on bread alone, but need every word that God speaks.

Group 1 Do you want to be spiritually stronger than you are currently?  
 Feed on God's word; read it every day.

Group 2 Joshua 1:8 Be sure that the book of the Law is always read in your worship.  
 Study it day and night, and make sure that you obey everything written in it.  
 Then you will be prosperous and successful.

Group 1 Do you want to grow as a Christian?  
 Feed on God's word; read it every day.

Group 2 Romans 15:4 Everything written in the Scriptures was written to teach us, in order that we might have hope through the patience and encouragement which the Scriptures give us.

Group 1 Is the only time you hear the Bible at Christmas, or at Easter, or on Sunday?  
 Feed on God's word; read it every day.

Group 2 2 Timothy 3:16-17 All Scripture is inspired by God and is useful for teaching the truth, rebuking error, correcting faults, and giving instruction for right living, so that the person who serves God may be fully qualified and equipped to do every kind of good deed.

### *Scene 4: Reprise*

[Doctor is there on stage, Man 1 enters running]

Man 1 Doctor, I forgot, when I was young, I did once go on a youth camp where we eat every morning and evening. Does that help?

Doctor [Shakes his head] No! *Every* day! You need to be eating every day!!

Man 1 Oh!? Every day, ah, ok, every day. OK, I've got it doctor